



# Co-Curricular Programme

## Summer Term 2019

## Co –Curricular Programme Summer Term 2019

Welcome to the Summer Term Activities Booklet. There are many co-curricular opportunities available at QCPS for all age groups, so please take a look through this booklet to see what is on offer and decide which clubs your daughter would like to join. I would like to draw your attention to the new Robotics Club that is being offered this term and the return of Tennis Club which will be held in Regent's Park!

Some activities have participant number restrictions. A minimum and maximum enrolment number may be applied in order to ensure the activity is a viable option and, where appropriate, a 'waiting list' will be established. As such, the information contained within this booklet is subject to change and any updates will be advised in weekly communications to parents.

Please note that Clubs do not operate on Fridays.

If you have any questions about clubs, please contact the Co-Curricular Activities Coordinator, Miss Withinshaw ([mwithinshaw@qcps.org.uk](mailto:mwithinshaw@qcps.org.uk)).

With all good wishes,



Emma Webb  
**Headmistress**



# Monday Activities

## Prep

Miss Howgate 3.20-3.55pm

Reception- VI

*Location: Library*

A quiet environment, free of distractions, in which to complete your homework.

## Craft Club

Mrs Lad 3.20 – 3.55pm

Reception - II

*Location: Reception L*

Come to craft club, we will be making all sorts of exciting things such as sewing a puppet, making a pop up card and painting a ceramic mug!

## Junior ICT Club

Mrs Willis 3.20-3.55pm

Reception - III

*Location: ICT Suite*

A fun and interactive session where the girls can practise their mouse skills, whilst drawing pictures or playing fun educational games.

## Drama Club

Miss Cipriani 3.20-3.55pm

Reception - III

*Location: VC*

Drama Club will give the girls an opportunity to participate in supervised creative dramatic activities from impromptu skits, character development, team building and

much more! The club will work on creative thinking skill, encouraging teamwork and provide students the confidence to perform in front of their peers.

## **Running Club**

Miss Taylor

3.20-3.55pm

Forms III - VI

*Location: IS*

*Wear: School PE Kit*

Do you want to get fit and strong? Do you want to win first place at Sports Day? This is the club for you. Join Miss Taylor in the Garden for a cardio session to get your body moving!

## **Puppy Training Club**

Mrs McCabe-Arnold & Miss Buchanan

3.20-3.55pm

Forms V – VI

*Location: Reception M*

Would you like to help train Kona, the school puppy? If you are patient, calm and persistent then this could be the club for you! Girls will accompany Mrs McCabe-Arnold and Miss Buchanan on walks to and from the garden, as well as practice her puppy school training to help little Kona settle in to QCPS.

## **Pottery Club**

Miss Colquhoun

3.20-3.55pm

Forms II – VI

*Location: Art Studio*

Girls will work with air-drying clay to create different sculptural forms through hand building and slab techniques. We will look at how we can manipulate and join the material to create interesting shapes and patterns whilst investigating the work of ceramic artists for inspiration.

## **Science Revision Club**

Miss Bain

3.20-3.55pm

Forms IV – VI

*Location: VIBA*

Science revision club will be offered to children in forms IV – VI who are interested in revising and furthering their knowledge in a range of topics, through a mixture of practical and theory based sessions. This club would be really beneficial for anyone thinking about applying for schools that require children to sit a science entrance exam or children wanting to brush up on their science knowledge before moving on to senior school.

## **Problem Solving**

Mr Barnard

3.20-3.55pm

Form V

*Location: IVW*

Girls will have the opportunity to practice their examination technique in maths papers. They will also learn ways to improve their numerical reasoning.

## **Cooking Club**

Mrs De Guise & Mrs Wilkinson

3.20 – 3.55pm

Forms III-VI

*Location: STEM Lab*

Surprise your family with your cooking skills. In this club we will be learning to make simple healthy recipes in half an hour!

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## **Coding Club**

Blueshift Coding Staff

4.00-5.00pm

Forms I - III

*Location: ICT Suite*

In the summer term, we will create animations, games and create music using a special coding language designed for children called Scratch. We will create games and stories and design our own characters to star in them! We'll learn how animation works and then use our skills to create our own animations on screen. At blue{shift} our aim is to empower the makers and inventors of tomorrow with the technical skills to express themselves creatively. We encourage children to create and be imaginative with technology. This club is appropriate for students who are new to coding as well as experienced coders; we'll have lots of new content and challenges to keep everyone on their toes.

**Please note that termly charges apply to this club.**

## **Spanish Club**

Mercedes Mena

4.00-5.00pm

Forms I – VI

*Location: IIID*

Let's have fun whilst we learn! Help your child develop life-long skills and a love of learning languages. Having fun with languages boosts confidence without fear of making mistakes, encouraging them to go on to become successful independent learners. We will be learning how to greet people, sing songs, express opinions, simple spelling and grammar as well as playing games and role playing. Each student will need an activity book which is available via our [website](#) and that will last at least one academic year. I look forward to meeting your little ones, ¡hasta pronto!

**Please note that termly charges apply to this club.**

## **Debate-Mate**

Debate-Mate Tutor

4.00-5.00pm

Forms IV - VI

*Location: VIBU*

This club offers students an enjoyable and rewarding experience of building debating skills that will stick with them in years to come. Sessions include making arguments, responding to arguments, thinking quickly, structuring ideas and speaking with style.

**Please note that termly charges apply to this club.**

## **Tennis Club**

CourtFIT

3.30-5.00pm

Forms III – VI

*Location: IS*

*Wear: School PE kit & BYO racket*

Gone are the standard lesson plans and routine drills, CourtFIT introduces a new way to communicate tennis to children of all ages, improves a player's game within weeks and can inject new life into tennis players that may have been struggling to keep excited about this great sport. All abilities are welcome. Please be aware that the CourtFit staff will walk the girls to Regent's Park and should be picked up from the courts at 5.00pm.

## **Twilight Club**

Miss Kukulak / Miss Young

4.00-6.00pm

All Forms

*Location: VC*

Our 'in house' wrap around care programme. This club will offer a range of fun and exciting activities such as drama, arts & crafts, and board games late into the evening. The girls may also use their time in Twilight Club to finish their homework if they are

able to do so independently. This service operates on a regular or ad hoc basis. To register your daughter please email Miss Kukulak before 2.30pm on the day you wish your daughter to attend. To collect your child from Twilight Club you will be given a mobile phone number to ring and Miss Kukulak or Miss Young will answer the door. If you intend to use this service, I ask that you provide an afternoon snack for your daughter to have during this time.

**Please note that hourly charges apply to this club.**



# Tuesday Activities

## **Prep**

Mrs Moore

3.20-3.55pm

Reception – IV

*Location: Library*

A quiet environment, free of distractions, in which to complete your homework.

## **Italian**

Miss Cannavacciuolo

3.20-3.55pm

Reception – IV

*Location: IIW*

Join me on a wonderful journey to explore Italy and learn Italian through fun and interactive games, storytelling and role-play.

## **Finger Knitting Club**

Miss McCabe

3.20-3.55pm

Forms II – IV

*Location: IVY*

Come along to knitting club to learn a fun and useful skill! It will involve basic knitting with a range of fabulous colours. All girls in in forms II-IV and all ranges of abilities, from beginners to experts, are welcome to attend!

## **Colouring Club**

Teacher TBC  
Reception – III  
*Location: Reception M*

3.20-3.55pm

Come to colouring club for a marvellous colouring adventure! There will be different themes each week and it will be a fun and relaxing way for any budding artists to spend their time.

## **Just Dance Club**

Miss Kiyani  
Reception – III  
*Location: IIK*

3.20-3.55pm

Are you ready to get your groove on? Grab your dancing shoes and join us on the dance floor for an interactive and energised session. The girls will have a chance to practice their dance moves whilst listening to their favourites songs. It is a great way to keep fit and have fun!

## **Creative Kids Club**

Mrs O'Keeffe  
Reception – III  
*Location: IK*

3.20-3.55pm

Come along to Arts and Craft club and create something different each week! We will have fun making sun catchers, frames, keyrings and more.

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## **Chess Club**

The Chess Academy London  
(Advanced players)

4.00-5.00pm

*Location: VW*

It's never too late to learn how to play chess – the most popular game in the world! If you are totally new to the game or want to further develop your understanding of the rules and strategies, this course is right for you! Children will learn the goals of chess, the pieces and how they move, as well as tournament rules. **New:** This term the girls will have the opportunity to compete against other schools! Please note that this class is for children who have had experience playing chess.

**Please note that termly charges apply to this club.**

## **Twilight Club**

Miss Kukulak / Miss Young  
All Forms

4.00-6.00pm

*Location: Reception M*

An 'in house' wrap around care programme. This club will offer a range of fun and exciting activities such as drama, arts & crafts, and board games late into the evening. The girls may also use their time in Twilight Club to finish their homework if they are able to do so independently. This service will operate on a regular or ad hoc basis. To register your daughter please email Miss Kukulak before 2.30pm on the day you wish your daughter to attend. To collect your child from Twilight Club you will be given a mobile phone number to ring and Miss Kukulak or Miss Young will answer the door.

If you intend to use this service, I ask that you provide an afternoon snack for your daughter to have during this time.

**Please note that hourly charges apply to this club.**

# Wednesday Activities

## Prep

Ms Dunsford-White

3.20-3.55pm

Reception – IV

*Location: Library*

A quiet environment, free of distractions, in which to complete your homework.

## Cosmic Yoga

Miss Woodward

3.20-3.55pm

Forms II - IV

*Location: IIW*

Join us on a cosmic adventure bringing together simple yoga moves and mindfulness. Meet Pedro the penguin or Betsy the banana on some of our exciting journeys!

## Timestables Club

Miss Young

3.20-3.55pm

Forms II - IV

*Location: ICT Suite*

Would you like to improve your knowledge, accuracy and speed of multiplication facts? Times Tables club is a fun way of learning times tables through games. Come and see if you can achieve your bronze, silver and gold certificates!

**Bronze** is for knowing your 2, 5, 10 times tables and division facts.

**Silver** is for knowing your 3, 4, 8 times tables and division facts.

**Gold** is for knowing your 6,7,9,11,12 times tables and division facts.

## **Roald Dahl Club**

Ms Gomez

3.20-3.55pm

Forms II – IV

*Location: IVW*

Come along to the 'Roald Dahl Book Club' where you will discover the wonders of Roald Dahl's books and act out some passages. Each week, you will be able to immerse yourself into the MARVELLOUS adventures of 'Matilda', 'Charlie', 'George' and many more!

## **Cross Stitching & Sewing**

Mme Campbell

3.20-3.55pm

Forms II - IV

*Location: IIIB*

Come and enjoy a calm and satisfying activity. Learn the technics of this simple needle craft and follow a pattern or create one. There are many colours of thread to choose from, so you will find what you are looking for. You will see: it is rewarding to draw with a needle and some thread.

## **Speech & Drama Club**

Ms Sutaria-Vakil

3.20-3.55pm

Forms II - IV

*Location: IVY*

Fun! Fun! Fun! Speech and Drama club is to help enrich everyday life skills with essential tools, like self-esteem, individuality and expression. The club will help build confidence, nurture creative endeavour and encourage clear communication. The children will recite/perform poetry, read simple speeches, enjoy performing skits and short scripts and tell stories from their chosen topics. In addition, we will discuss stage settings, appropriate makeup and designing costumes for characters. If you enjoy performing...lights, camera, action!

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## **Chess Club**

The Chess Academy London  
(Beginner players Reception – III)

4.00-5.00pm

*Location: VW*

It's never too late to learn how to play chess – the most popular game in the world! If you are totally new to the game or want to further develop your understanding of the rules and strategies, this course is right for you! Children will learn the goals of chess, the pieces and how they move, as well as tournament rules. **New:** This term the girls will have the opportunity to compete against other schools!

**Please note that termly charges apply to this club.**

## **Film Making Club**

Spark-Ignite Staff  
Forms III – VI

4.00-5.00pm

*Location: Music Suite*

Call the shots on your own film set! Direct, shoot, crew, perform in and edit your own films as you learn how to create your own movies each week. By the end of term, you'll have created a show reel of films to watch at home on DVD! For more information on Sparks and movie making workshops take a look at [www.sparks-ignite.com](http://www.sparks-ignite.com) or call 020 7101 9329.

**Please note that termly charges apply to this club.**

## **Mandarin**

Hong Minh  
Forms II – V  
*Location: IC*

4.00-5.00pm

Children in Forms III - VI are more advanced in picking up new vocabulary and pronunciation. Children develop the skills to speak, listen, read and write the basics of Mandarin Chinese.

**Please note that termly charges apply to this club.**

## **Rhythmic Gymnastics**

Ellen Watson  
Forms I – III  
*Location: Hall*

4.00-5.00pm

*Wear: School dance kit or own leotard*

Olympic Rhythmic Gymnastics is a beautiful sport that combines flexibility, dance & acrobatics with the handheld apparatus of Ribbon, Hoop, Rope, Ball & Clubs. This new and exciting School Club will be coached by Ellen Watson - Ribbon & Hoop Choreographer to Team GB for The London 2012 Olympic Games.

**Please note that termly charges apply to this club.**

## **Martial Arts**

Sensei Nicolas  
Forms II – VI  
*Location: IIIB*

4.00-5.00pm

*Wear: Xen Do kit – Purchase directly from company*

During this club, the girls will learn about the various aspects of Marital Arts. The classes follow a structured programme whereby, techniques and exercises are broken down into their most basic elements. Pupils will develop their skills through game based learning which are designed specifically around children's development and levels of physical, intellectual and emotional maturity.

**Please note that termly charges apply to this club.**

## **Twilight Club**

Miss Kukulak / Miss Young

4.00-6.00pm

All Forms

*Location: VC*

An 'in house' wrap around care programme. This club will offer a range of fun and exciting activities such as drama, arts & crafts, and board games late into the evening. The girls may also use their time in Twilight Club to finish their homework if they are able to do so independently. This service will operate on a regular or ad hoc basis. To register your daughter please email Miss Kukulak before 2.30pm on the day you wish your daughter to attend. To collect your child from Twilight Club you will be given a mobile phone number to ring and Miss Kukulak or Miss Young will answer the door.

If you intend to use this service, I ask that you provide an afternoon snack for your daughter to have during this time.

**Please note that hourly charges apply to this club.**



# Thursday Activities

## Prep

Mrs Moore

3.20-3.55pm

Reception – IV

*Location: Library*

A quiet environment, free of distractions, in which to complete your homework.

## Slime Club

*Miss Pearl*

3.20-3.55pm

Reception – III

*Location: Reception L*

Do you like playing with slime? Come to Slime Club and make all different colours and textures of slime. First up, glittering slime!

## Origami Club

Mrs Burden

3.20 – 3.55pm

Forms I – IV

*Location: IIK*

Did you know The Japanese word “Origami” itself is a compound of two smaller Japanese words: “ori”, meaning to fold, and “kami”, meaning paper? Join Mrs Burden to make all kinds of folded animals and characters.

## **Story Club**

Mrs Sillitoe

3.20 – 3.55pm

Reception - II

Location: IS

Story Club offers a range of story-based activities such as listening to stories, creating characters, discussing and reviewing books, retelling stories with puppets, sharing favourite stories and inventing new stories.

## **Fashion Illustrations**

Miss Kukulak

3.20-3.55pm

Forms I - IV

*Location: IK*

Would you like to become a fashion designer? Come and bring your ideas to life. Learn the basics with Miss Kukulak!

## **Nessy & Mathletics**

Miss Wright

3.20-3.55pm

Forms II – IV

Location: ICT Suite

Explore the world of words and numbers using the online resource of Nessy & Mathletics! Complete your homework, improve your comprehension, spelling and grammar and even get a chance to jazz up your Avatar! Alternatively have some fun with numbers and put yourself in for a good chance of winning the termly QCPS Mathletics and Nessy award!

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## **Robotics**

Blueshift Coding Staff

4.00-5.00pm

Forms IV - VI

*Location: ICT Suite*

This summer blue{shift} has the most incredible course planned for young artists and makers. Whether you're interested in art and design or technology or both, you'll have the opportunity to invent and make all kinds of amazing things. You'll design and make your own 'BOP IT', you'll make an electric guitar (that you can take home and play); you'll make an old school Gameboy to play 'Snake' on and you'll learn how to hack your headphones. Join us for what promises to be the best term of blue{shift} ever! This club is appropriate for children who have never done any coding before as well as more seasoned coders and makers.

**Please note that termly charges apply to this club.**

## **Little House of Science**

Veronika Covington

4.00-5.00pm

Forms II – IV

*Location: STEM Lab*

Children are curious by nature, which creates the perfect platform for them to learn what science offers in the world. Every child is a budding scientist, but needs the right direction to grow into one. Little House of Science introduces scientific concepts through fun and exciting interactive discussions, practical demonstrations and numerous hands-on science projects and experiments. The classes are ideal to further your child's scientific knowledge, and also assist them with what they are learning in the classroom.

**Please note that termly charges apply to this club.**

## **Young Artist**

Katherine Colquhoun

4.00-5.00pm

Forms II – VI

*Location: Art Studio*

In the Art Studio children will learn to work with a variety of materials whilst experimenting with different art processes. We will learn about the artwork of different artists and craftsman in Art history and link this to our practical work. The importance of self-expression and risk-taking in a safe and supportive environment and exercising the imagination and creativity of each individual are at the heart of the lessons. Children will experiment with painting on canvas as well as creating their own sculptures using clay, mod roc and papier mache.

**Please note that termly charges apply to this club.**

## **Arabic Club**

Teacher TBC

4.00-5.00pm

Reception – II

*Location: IIIB*

Rima Baker is a graduate of AUB in Beirut, and has been resident in London since 1986. Following a diploma in Montessori teaching she began her own Arabic school and has been teaching continuously ever since - well over 20 years at the American School in London, Abercorn School and since 1997 at St Nicholas Prep School in Knightsbridge. Her method is very child friendly, recognises differences in ability levels and dialects, and fosters love for the Arabic language in all its forms - reading, writing, speaking and listening. She has developed a wide range of audio-visual materials, songs, handouts, games and stories. Each child has their own file to collect the week's learnings and a page of homework.

**Please note that termly charges apply to this club.**

## Twilight Club

Miss Kukulak / Miss Young

4.00-6.00pm

All Forms

*Location: Reception L*

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