



WEEK 1 LUNCH



## Monday

**Main Course**  
Macaroni Cheese

### Sides

Mixed Leaf Salad  
Rocket and Red Onion  
Salad  
Garlic Dough Balls

Jacket Potato Bar  
Salad Bar

### Dessert

Chocolate Chip  
Cookies  
Yoghurt Bar  
Fresh Fruit

## Tuesday

**Main Course**  
Chicken or Vegetarian  
Burger served in a  
Brioche Bun

### Sides

Shredded Lettuce  
Sliced Tomato  
Sliced Cheese  
Corn on the Cob

Jacket Potato Bar  
Salad Bar

### Dessert

Yoghurt Bar  
Fresh Fruit

## Wednesday

**Main Course**  
Beef in Soy Sauce  
Quorn Strips in BBQ  
Sauce

### Sides

Egg Fried Rice  
Baby Corn  
Mangetout  
Prawn Crackers

Jacket Potato Bar  
Salad Bar

### Dessert

Chocolate Brownie  
Yoghurt Bar  
Fresh Fruit

## Thursday

**Main Course**  
Chicken Fajitas  
Mexican Spiced  
Beans Medley

### Sides

Selection of Dips  
Shredded Lettuce  
Grated Cheese  
Wraps/Tortilla Chips

Jacket Potato Bar  
Salad Bar

### Dessert

Lemon & Ginger  
Slice  
Yoghurt Bar  
Fresh Fruit

## Friday

**Main Course**  
Salmon Fish Fingers  
Monterey Jack  
Cheese Goujons

### Sides

Chipped Potatoes  
Garden Peas  
Diced Carrots  
Tartar Sauce

Jacket Potato Bar  
Salad Bar

### Dessert

Yoghurt Bar  
Fresh Fruit

