

Lilibet's

Week 1

Monday

Break

Watermelon/Nacho's
Cucumber sticks.

Main

Spaghetti with roasted
tomato sauce (V)

Gluten free pasta
with tomato sauce
GF garlic bread

Sides

Steamed vegetables
Garlic Bread

Dessert

Yoghurt & whole fruit

Tuesday

Break

Apple Wedges/Popcorn
Carrot sticks

Main

Sausages in onion gravy
Quorn Sausages in onion
gravy

Vegan Sausage in onion
gravy/
Stuffed Pepper

Sides

Mashed Potato
Steamed vegetables

Dessert

Fruit jelly (V) & whole
fruit

Wednesday

Break

Watermelon/Nacho's
Cucumber sticks.

Main

Mexican Beef Chili

Roast vegetable and 5
bean chili

Sides

Herby Couscous
Sweetcorn
Salad Bar

Dessert

Yoghurt & whole fruit

Thursday

Break

Apple Wedges/Popcorn
Carrot sticks

Main

Chicken Shawarma Wrap

Roast courgette and
pumpkin Wrap
With Halloumi

Free From

Vegan Burger

Sides

Chipped Potato's
Roasted Carrots

Dessert

Lemon and Raisin Cookie
& whole fruit

Friday

Break

Watermelon/Nacho's
Cucumber sticks.

Main

Chicken and Vegetable
Pie

Country Vegetable Pie

Sides

New Potato's
Steamed vegetables

Dessert

Fruit jelly (V) & whole
fruit

**All Free From Options listed are free from gluten, egg & dairy
Jacket potato & baked beans with steamed vegetables also available daily**

Lilibet's

Week 2

Monday

Break

Apple Wedges/Popcorn
Carrot sticks

Main

Macaroni Cheese

Gluten Free Pasta With
Roasted Tomato sauce
with gluten free pasta
and gf garlic bread

Sides

Garlic Bread
Steamed vegetable

Dessert

yoghurt & whole fruit

Tuesday

Break

Watermelon/Nacho's
Cucumber sticks.

Main

Katsu Chicken Curry

Free From

Sweet Potato & Vegetable
Katsu(V)

Sides

Sticky Rice
Sauté Vegetables

Dessert

Fruit jelly & whole fruit

Wednesday

Break

Apple Wedges/Popcorn
Carrot sticks

Main

Moroccan Meatballs In
Tomato Sauce

Vegan Meatballs
In Tomato Sauce

Sides

Fragrant Couscous
Steamed vegetables

Dessert

yoghurt & whole fruit

Thursday

Break

Watermelon/Nacho's
Cucumber sticks.

Main

Chicken Shawarma Wrap

Roast courgette and
pumpkin Wrap
With Halloumi

Sides

Fries
sweetcorn
Coleslaw

Dessert

Coconut jam sponge

Friday

Break

Apple Wedges/Popcorn
Carrot sticks

Main

BBQ Chicken
BBQ Vegetable Burger

Vegetable Burger

Sides

Boiled Rice
Fresh vegetable

Dessert

Fruit Jelly & whole fruit

**All Free From options listed are free from gluten, egg & dairy
Jacket potato & baked beans with steamed vegetables also available daily**

Lilibet's

Week 3

Monday

Break

Watermelon/Nacho's
Cucumber sticks.

Vegetarian bolognaise
with spaghetti (V)

GF Penne Pasta With
Roast Pepper Sauce

Sides

Garlic Bread
Steamed vegetables

Dessert

Fruit yoghurt & whole
fruit

Tuesday

Break

Apple Wedges/Popcorn
Carrot sticks

Roast Chicken With Herb
Gravy

Cauliflower Gratian

Sides

Roast Potatoes
Parsnips and Carrots
Herb gravy

Dessert

Fruit jelly & whole fruit

Wednesday

Break

Watermelon/Nacho's
Cucumber sticks.

Beef Stew

Roasted Vegetable Stew

Sides

Mashed Potato
Broccoli & cauliflower
Herb gravy

Dessert

Fruit yoghurt & whole fruit

Thursday

Break

Apple Wedges/Popcorn
Carrot sticks

Chicken Burger with
lettuce and Tomato

Gluten Free Red Onion
And ratatouille stuffed
pepper

Cheese And Onion Pasty

Sides

Chips
Steamed vegetables

Dessert

Chocolate Cookie

Friday

Break

Watermelon/Nacho's
Cucumber sticks.

Chicken Tikka Masala

Eggplant and sweet
Potato Curry(V)

Sides

Pilaf Rice
Naan Bread
Steamed vegetables

Dessert

Fruit jelly & whole
fruit

**All Free From options listed are free from gluten, egg & dairy
Jacket potato & baked beans with steamed vegetables also available daily**